

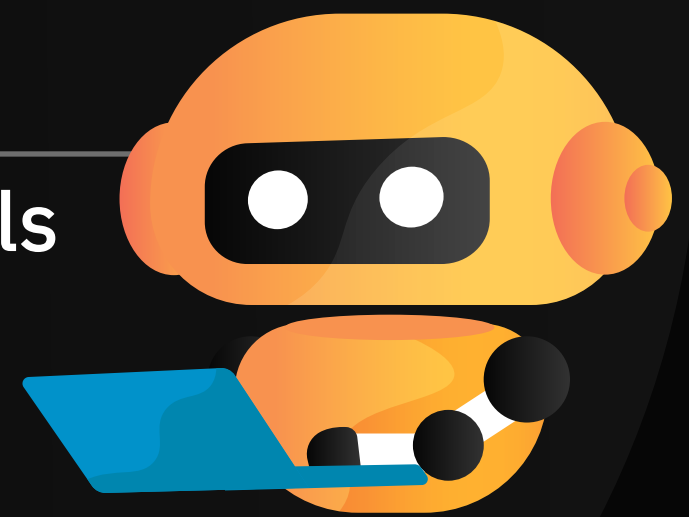
Oh, Behave!

The Annual Cybersecurity
Attitudes and Behaviors
Report 2025-2026



57% are always
connected

65%
use AI tools



52%

of those in employment haven't
received any training on the security
or privacy risks of AI tools

43%

of workers share sensitive
company data with AI tools
without their employer's
knowledge

21%

skip cybersecurity training
due to the belief it wouldn't
reduce their risk of being a
victim of cybercrime

SKIP



69%

believe cybercriminals are more
advanced than those who are
supposed to be protecting them



37%

use personal information
in passwords

15%

avoid biometrics due to fear their
data will be hacked or misused



Download the full report